

## ZION EV. LUTHERAN CHURCH

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Find us on Facebook

September 19, 2021

Rev. Aaron Flatau

Senior Pastor

Cell Phone: 515-890-7558

Rev. Mark Hansen

Pastor

Cell Phone: 712-330-9457

**AT THE END OF THE SERVICE** – be sure to greet those who are seated around you. **YOU are His Voice, His Hand**, to those who are worshipping with you.

**FLOWERS** are given to the glory of God by Molly Peaton in celebration of Rally Sunday and family.

**LUTHERAN HOUR “Scrapped Gifts”** with speaker Rev. Dr. Michael Zeigler. God saves our scraps and regifts them with Easter possibility. (James 1:17-18) Listen to “The Lutheran Hour” locally on **Sunday at 11:20 a.m. on KHBT 97.7 FM** and at **6:00 p.m. on KJYL 100.7 FM** or on the web at [www.lutheranhour.org/AFN/listen.htm](http://www.lutheranhour.org/AFN/listen.htm). It is also on XM’s Family Talk Radio Sundays at 1:00 p.m. (EST). Today’s broadcast is sponsored to the glory of God by Rick and Lori Stein in memory of Lori’s father, Harold Reimers and his birthday on September 17 and in celebration of Rick and Lori’s 45<sup>th</sup> wedding anniversary on September 25.

Baptized into the Christian faith during a private service yesterday was **ALICE PAULINE LARSEN**, the daughter of Kyle and Abigail (Sparks) Larsen. Alice was born on March 15, 2021 at UnityPoint Health – Trinity Regional Medical Center, Fort Dodge, Iowa. Serving as sponsors were Danielle Foss and Cody Allen. Serving as witnesses were Brenda Larsen and Amy Sparks. May our gracious Lord grant Alice a long life filled with His richest blessings.

We have received **Thomas and Lisa Wilson** through transfer from St. Paul Lutheran Church, Ames, Iowa. Thomas is Zion’s new Director of Christian Education (DCE). We welcome them to Zion.

Please join us in the Fellowship Hall following the service this morning for **lunch and fellowship** sponsored by the Board of Education.

A big **thank you** to all who hosted coffee after the summer services. It’s great when Zion Lutherans have a chance to enjoy a little time together!

We would like to **thank** everyone who brought all the food for the potluck and all the ladies that helped in the kitchen last Sunday. It was a great meal and event. Welcome to Zion, Thomas and Lisa!

**Please remember in your PRAYERS:**

**Those HOSPITALIZED or ILL:**

Sam Knight; Warren Wood; Deb Betz (daughter of Warren and Ann Wood); Richard Hegna, Select Specialty Hospital, Des Moines; Barb Evans (cousin of Arloa Rapple); Trevor Smith (great grandson of Chuck & JoAnn Sexe).

**PRAYERS FOR THOSE MOURNING THE LOSS OF LOVED ONES:**

Richard Wilson Family (father of Thomas Wilson); Larry Askelson Family (father of Cindy Vik and Laura Lange); Elden Meyer Family (brother of Vic Meyer); Carl Heldt Family (father of Angela Naeve); Michelle (Binger) Dornath Family (daughter of Joyce Fisher).

**LONG TERM PRAYERS:** Loretta Grebner; Ardis Day; Scot Slaikeu; Steve Peters; Joe Vanderhoff; Linda Detmering (sister of Jackie Schulze and Marge Hubrich), Hospice, Fort Dodge.

Zion is looking for a **Sunday School Superintendent**. Please contact anyone on the Board of Education or DCE Thomas Wilson.

**Please join us:** Zion's LWML Fall Rally will be held this Wednesday, **September 22, 2021**. Registration will begin at 9:00 a.m. with the Rally to start at 9:30 a.m. Our guest speaker will be a representative from the Beacon of Hope in Fort Dodge.

There is a **sign-up sheet** on the LWML board if anyone is interested in providing **rolls or bars** for the morning coffee or a **salad** for the noon meal. Thank you!! We hope to see you there.

Amy Frehse, Jackie Schulze, Marlys Johnson, Marilyn Lehrman

**GARAGE SALE/BAKE SALE:** The **19<sup>th</sup> Annual Zion's Mary Grebe Garage Sale/Bake Sale** started by Mary Grebe will be held in the Zion Fellowship Hall next Saturday, **September 25** from 8:00 a.m.-Noon. Your items can be dropped off in the Fellowship Hall on Thursday evening, September 23 from 3:00-6:00 p.m. and Friday, September 24 from 8:00 a.m.-7:00 p.m. All money raised will be given to Zion to be dispersed as the church feels necessary. We appreciate all your donations; especially your baked goodies. But we cannot take desk top computers, box springs, mattresses, large appliances, televisions, and please limit clothing. Small amounts of good quality clothing are welcome.

We also need **volunteers** on Friday and Saturday to help with the sale in all areas. Please call Andrea Wredt at (515)890-0448 if you can help in any way. We are also in need of trucks and trailers to load items after the sale.

**Thank you** in advance for all you do in making this a successful project.

There will be **NO** 10:00 a.m. Wednesday Morning **Ladies Bible Study** on September 22 and 29.

**Sunday Morning Youth & Adult Bible Studies** will resume next Sunday, **September 26** at 8:45 a.m.

**2021 Flower and KHBT Lutheran Hour Charts** are posted in the Narthex to the south of the east bulletin board above the drinking fountain. If you would like to place flowers in the front of the Sanctuary or sponsor a Lutheran Hour Broadcast you may do so by signing up on one of the charts. Please take time and consider these opportunities to give thanks and praise to our gracious Lord. Thank you.

**Sundays available are:**

**FLOWERS:** September 26; December 5

**KHBT LUTHERAN HOUR:** September 26; November 28, December 5

**JR. LYC (5<sup>th</sup>-8<sup>th</sup> Grade) Scrip Cards Fundraiser:** If you need Scrip Cards, please contact Molly Peaton, Carole Zinnel, or the church office. They make great gifts! Thanks for supporting our youth and local businesses!

**Below is a list of businesses participating and the profit the Jr. LYC receives:**

HyVee – 5%	Fareway – 3%
Floral Creations – 10%	Wempens – 8%
V & S Variety – 20%	Bomgaars – 5%
Pasquales – 10%	Millers Landing – 10%
Caribbean Coffeehouse – 5%	Dom's Café & Catering – 5%
Carbon Boutique – 5%	Zinc Salon – 10%
Feather Your Nest – 20%	Lil' Peeps Boutique – 20%

**NOTICE:** The **2009 Zion 125<sup>th</sup> Anniversary Cookbooks** will be reprinted for us. Please let Bev in the office know how many you wish to purchase. They are \$13 as before. Thank you.

**CANS for CAMP OKOBOJI** – Please take **all pop cans and bottles** and put them in the **container** located outside on the **east side** of the Sunday school wing of the church building. Please **completely empty** all bottles and cans and please **do not** put **garbage** in them. Thank you.

**Looking for Help with the Media at Zion:** We are looking for help with running some of the media at Zion. For funerals, or for the regular worship services we would like to have more people trained in how to operate the sound system of the church. Also, we are looking for a bit of help to operate the camera that provides the Facebook Live streaming. Both take a little bit of training which we are glad to provide. Please contact Pastor Aaron if you are interested. Thanks! 515-890-7558 or [pastora@goldfieldaccess.net](mailto:pastora@goldfieldaccess.net).

We are missing two **calculators** from the counting room. If you have borrowed one, please return it. Thanks.

**Hear first hand from a missionary about what God is doing in other places! (And enjoy a good meal too!)** If you would like to go as a small group, tell Pastor Hansen. Missionaries will be at Mission Central as follows:

- September 25, 2021 – Erin MacKenzie – Dominican Republic -1 p.m.
- September 25, 2021 – Ben Helge -Czech Republic - 1:30 p.m.
- October 9, 2021 – Rev. James and Christel Neuendorf – Puerto Rico - 1:00 p.m.
- October 9, 2021 – Kim Bueltmann – Germany - 1:30 p.m.
- October 22, 2021 – Chelsea Irwin – Czech Republic - 1:00 p.m.  
(Iowa District West LWML)

Have You Taken Control of Your Health Today? **Life Line Screening** will be here at Zion Lutheran Church of Humboldt on Tuesday, October 12, 2021 offering safe, painless, non-invasive preventive health screenings that are typically not a part of a routine physical. To be more proactive about your health and to live longer for yourself, your family, and your community, please register for these potentially life-saving tests today. Please refer to the flyer in this bulletin to get more info about how you can sign up while receiving \$10 off any package priced above \$139. For only \$139 (regularly \$149) you can learn your risk of having stroke or vascular disease. There is no time like the present to take action! Learn more by watching this short video at: <http://www.lifelinescreeningblog.com/introduction/>

**There are three ways to register:** Call toll-free: 866-229-0469, Online: [www.lifelinescreening.com/communitycircle](http://www.lifelinescreening.com/communitycircle), or Text: the word circle to 797979.

The **Upper Des Moines office (UDMO) and Humboldt County Food Pantry** have moved. They are now located together in one building. They're new address is: 419 Sumner Ave., Humboldt, IA 50548. Phone: (515)604-6550 and (515)604-6551. Office hours are Monday-Thursday, 8:00 a.m.-4:00 p.m. You may use the Food Pantry once per month Monday-Thursday during business hours. It would be extremely helpful if you would call the office and make an appointment to pick up your food so they can have it ready for you.

**Building Healthy Families:** 10,080 is the number of minutes that we are given every week. How can you use a few of those minutes this week to help others? Maybe it's an elderly neighbor, a single parent, or widow, or someone in your own family who needs you to stop what you're doing and listen to them. All have needs that we can help to meet. *“Carry each other's burdens, and in this way you will fulfill the law of Christ.” Galatians 6:2*

**Lutheran Family Service of Iowa (800)622-7285 or (515)573-3138.**

**See website:** [www.LutheranFamilyService.org](http://www.LutheranFamilyService.org).



### NATIVITY SCENE UPDATE

**Thank you** to all who have given through donations and memorials to this project making it possible to order **Mary, Joseph, the baby Jesus in manger**, and a **hovering angel** through Bronners Christmas Store in Frankenmuth, Michigan. A **sitting lamb** was purchased in memory of Harold and Marj Kropf (parents of Marian Anderson and Don Kropf), a **shepherd** in memory of Mike Williams (son of Virgil and Marian Williams), a **standing ram** in memory of Marvin Anderson (father of Paul Anderson), a **standing wiseman** in memory of Kay Kollmorgen, a **sitting donkey** in memory of Dean Telford, a **kneeling shepherd** in memory of Darlene Kunert, a **standing camel** in memory of Gene and Evelyn Ruby and Jim Moline, a **kneeling wiseman** in memory of Vernon Schulze, a **sitting cow** in memory of Arnold Torkelson, a **heralding angel** in memory of Mary Gronbach, and a **sitting wiseman** in memory of Norma Anderson (mother of Paul Anderson).

**Memorial money** has been given in memory of Dirk Abels, Martha Anderson, Jerry Bacon, Jeanne Baty, Robert Campidilli, Eugene Casey, Larry Cibert, Dean Coleman (nephew of Bernice Gronbach and Leone Rowe, Maxzine Coleman (sister of Bernice Gronbach and Leone Rowe), Jerry Diedrick, Michelle (Binger) Dornath (daughter of Joyce Fisher), Mary Ford (mother of Russ Naeve), Mary Grebe, Bernice Gronbach; Betty Heidt, Jim Helvick, Al Hippen, William Hyder, Pat Johnson, Robert Kirchhof (brother of Marlys Johnson), Bruce Kirchhoff, Gordon Kirchhoff, Troy Kirchhoff, Jim Koch, Lola Mae Kuehnast, Ray Kunert, Eugene "Bud" Larsen (brother of Darlene Kunert), Jean Larsen, Margaret Lucas (grandmother of Lincoln Mason), Douglas Lundberg, Arlene Moritz, Sharon Overgaard (sister of Gary Kuehnast), Judy Peters (sister of Steve Peters), Jenny Rapple (granddaughter of Arloa Rapple), David Sampson, Jan Squires, Lorna Stellhorn, Judy Tannor (niece of Doris Kuehnast), Roger Terwilliger, Allan Wehrspann (father of Jana Bratland), Gloria Westaby, and Sue Wiuff.

The Evangelism Board

## STEWARDSHIP OF TIME AND TALENTS: ATTENDANCE

Saturday-33; Sunday-141;

## STEWARDSHIP OF TREASURE: OFFERINGS

WEEK #37 - 9/12/2021

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DESIGNATED OFFERING: Weekly-\$4,992; Birthday-\$200;

Wedding Donation-\$150; Fellowship Hall Rent-\$175;

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### ZION'S SCHEDULE THIS WEEK:

Today	11:00 a.m.	Rally Day Lunch
Tues.	6:30 p.m.	Women's Bible Study
Wed.	9:00 a.m.	LWML Zone Fall Rally at Zion
	9:15 a.m.	Women's Bible Study
	5:15 p.m.	Adult Choir
	7:00 p.m.	Confirmation
Thurs.	10:00 a.m.	Bible Study
Sat.	8:00 a.m.-Noon	Zion's Mary Grebe Annual Garage/Bake Sale
	6:00 p.m.	Worship
Sun.	8:45 a.m.	Sunday School
	8:45 a.m.	Youth & Adult Bible Studies Resume
	10:00 a.m.	Worship

**PARENTS:** Please turn in your **child's college/military address** to the church office before **September 27** if you would like them included in the "Care Package" mailing. Thank you.

**LWML MISSION NOTES:** For **SEPTEMBER** we are collecting snack items for "**CARE PACKAGES**" to be sent to **Zion's college students and military personnel**. Snack foods (except potato chips) are welcome. Microwaveable, non-perishable food, candy, hot chocolate mix, popcorn, drink mix, gum, and fruit snacks are a few suggestions. Please place all donations in the Mission totes located in the Narthex along the north wall. If a cash gift is more convenient for you, please leave in the church office or in the offering plate in an envelope marked "Care Packages" and we will use it to purchase items. Thank you in advance for helping with this project!

LWML Mission Committee: Louise H-C., Marge H., Lori S., Jackie S.

LWML has **CARDS** for sale! **Baby, Sympathy, Wedding, Anniversary, Birthday, Get Well, Etc.** Individual Cards are \$1.00 and the price for boxed cards is on back of the box. The cards are in the Narthex.

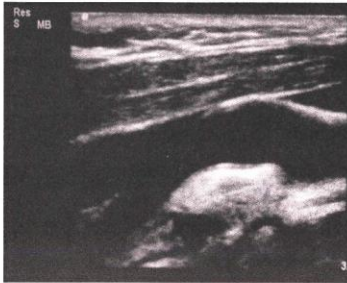
If you have changed your **phone number** or are now using only a cell number, have a new **e-mail address**, or have moved and have a new **physical address**, please contact the church office at [zion@goldfieldaccess.net](mailto:zion@goldfieldaccess.net) or at 332-3279 with your new phone number, e-mail address, and physical address.

Take a step toward staying

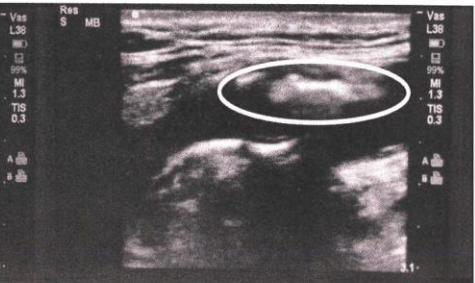
# Healthy & Active

Be Smart: Do More For Your Cardiovascular Health

No Plaque Buildup



Plaque Buildup



Advanced ultrasound technology looks inside your arteries for signs of plaque buildup. That's why **9 out of 10 cardiovascular doctors** support preventive screenings for those with key risk factors\*

\*Key Risk Factors include Age 55+, High Blood Pressure, High Cholesterol, Diabetes, Obesity, tobacco usage, family history of CVD or stroke

We are coming to your neighborhood.

**Where: Humboldt - Zion Lutheran Church**

**When: Tuesday, October 12, 2021**

**Pre-registration is required. Call: 1-888-653-6450**

To register for your appointment and to receive a special \$10 discount, please call 1-888-653-6450 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners)

## Trusted by Hospitals Nationwide.

Life Line Screening has partnered with over **100 hospitals** across the country and has conducted **8 million** screenings since 1993.



### Carotid Artery (Plaque) Screening —

Ultrasound scan of the carotid arteries that screens for buildup of fatty plaque — a leading cause of strokes.



### Heart Rhythm Screening (Atrial Fibrillation) —

A quick and easy test using EKG electrodes placed on the arms and legs to identify the presence or absence of an irregular heartbeat.



### Abdominal Aortic Aneurysm Screening —

Ultrasound screening for an abdominal aneurysm (enlargement) that could lead to a ruptured aorta.



### Peripheral Arterial Disease Screening —

Evaluates for peripheral arterial disease (PAD) in the lower extremities, which increases the risk of heart disease.



### Osteoporosis Risk Assessment —

Ultrasound screens the heel for bone mass density. Osteoporosis is painless and silent in its early stages.

#### PACKAGE 1

**Plaque, Vascular Disease and Heart Rhythm Package — 4 tests for only \$139!**

#### PACKAGE 2

**Add an Osteoporosis Screening for only \$10 more — 5 tests for only \$149!**

**A \$181 savings!**

Screening results are provided to you in 21 days. We direct all participants with abnormal results to take the report to their physician. Carotid Artery and PAD screenings help identify the presence of Atherosclerosis, and if found, can be an early warning for higher risks of stroke and coronary artery disease. Such early warning information can help you and your doctor take important steps to reduce your risk for more serious health issues. If necessary, steps may include lifestyle and diet, medical therapies, and even more thorough follow-up testing and evaluation of your heart function. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. Screenings in California are provided by Life Line Mobile Screening, a physician owned practice. Screenings in Kansas are performed by Life Line Screening of America, Ltd. on behalf of Life Line Screening Physicians, P.A. Screenings in New Hampshire, New Jersey and New York are performed by Life Line Medical Screening, LLC (Dr. Andrew Manganaro, 70 Niagara Street, Buffalo NY, 14202). Life Line Screening does not engage in the practice of medicine in those states. This information is not intended to induce referrals by Life Line Screening to Life Line Medical Screening, LLC for any professional medical service. Texas residents: Physician authorization is required. A Life Line Screening affiliated physician will provide authorization for you if you qualify. Cancellation Policy: A full refund is issued if you call to cancel at least two days prior to your appointment. If less than two days' notice is given, we will issue a Gift card for the full amount to be used by you, or anyone you choose, to purchase future screening services.